

PRNC091

PRNC - 91

PUERTO RICO NUCLEAR CENTER

COURSE IN

TISSUE CULTURE AND RADIOISOTOPIC TECHNIQUES AT
CELLULAR AND SUBCELLULAR LEVEL

LABORATORY EXERCISES

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COURSE IN

TISSUE CULTURE AND RADIOISOTOPIC TECHNIQUES AT
CELLULAR AND SUBCELLULAR LEVEL

PUERTO RICO NUCLEAR CENTER

U.S. ATOMIC ENERGY COMMISSION

Division of Medical Sciences and Radiobiology

and

Department of Microbiology, School of Medicine*

UNIVERSITY OF PUERTO RICO

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LABORATORY EXERCISE #1

PREPARATION OF MATERIAL. STERILIZATION AND STERILITY
TESTS,

Objective

All components in a cell or organ culture system must
be free of contaminant microorganisms. Routine testing
Procedures should be carried out in order to rule out the
presence of bacteria, fungi and mycoplasma.

Two tubes of chick embryo Fibroblasts

Two tubes of HeLa cells

two

tubes of 1-38

Stx tubes of thyoglicolate medium

Stx tubes of Sabouraud agar

Six eubes of PPLO broth

?Twelve tubes of PFLO agar

pienes' stain

Procedur

1, Observe under the microscope and make description of the different cell types.

2. Tests for steriity

2:1 Incubate 0.1 ml of each cell culture tube into 10 al. of ehyogltcolate medium, Incubate at 37°C. Read and record results. Tf negative, discard after 5 days.

2:2. Streak a loopfull of each cell culture on Sabouraud Agar.

Incubate at room temperature, Read and record results

during a week.

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a3

With a pipette deposit some drops of each cell culture fluid on PLO broth and agar (Difco). Streak the agar

with a bacteriological loop, invert the plate

and

Incubate at 37° for seven days. Incubate the broth

at the same temperature for four days and after this period, place some drops on a PLO agar plate spreading with a bacteriological Loop.

Without removing the cover of the plates, inoculate

the 1st and 6th days, look for colonies of +

PLO under the microscope stage focusing through the agar. Use a 10X objective and 10, 12.5 or 15 X ocular.

Most FPLO colonies appear as round colonies with

a dense center and a less dense periphery, giving the appearance of a fried egg. FPLO colonies have been

isolated from tissue cultures, however, that do not

conform strictly to this appearance on primary

isolation. They may appear to lack a distinct periphery

and appear to be totally imbedded in the agar. These

colonies are usually very small and look "granular" or

"feathery". FPLO colonies vary from 10 to 500 microns

in diameter (0.01 to 0.5 mm) and characteristically

the center only or all of the colony is embedded in the

agar. Individual organisms cannot be resolved since

they are the size of an average virus particle.

oe

onally, at the periphery of PPLO colonies,
"large bodies characteristic of this group of

organisms are found. After locating the colonies,

---Page Break---

they are usually marked out on the petri dish with a glass
raving pen.

Confirmation of PPLO colonies depends, in addition to
morphological characters, on:

1. Inability to remove the embedded portion of the

colony from the agar surface by stroking the colony with

a loop. This demonstrates the fact that the colony
is embedded. Bacterial colonies will rub off.

2. The non-reversion to bacteria which subsequent passages
of the colonies will reveal. Reversion to bacterial
form would be typical of L forms.

3. A requirement for native protein.

4. Reaction with the Dienes stain.

The Dienes stain is prepared by dissolving 2.5 g methylene blue, 1.25 g azur TT, 10.0 g maltose, and 0.25 g sodium carbonate in 100 ml of distilled water. With a cotton

swab moistened in the stain, stroke the area of an agar plate

in a vertical line

Just adjacent to the suspected colony. The

colony which is then examined under the microscope as described above. The PPLO colonies stand out distinctly

with densely blue staining centers and light blue peripheries.

Bacterial colonies are also stained but these are decolorized in about 30 minutes. The PPLO colonies never decolorize the

stain.

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LABORATORY. EXERCISE 2

PREPARATION OF TISSUE CULTURE CONSTITUENTS

Objective:

To obtain the components which will provide the cell

in vitro"

with the organic and inorganic substances necessary for its nutrition,

and respiration and will protect it against changes in physical states

temperature, pH, etc.

Materials

4 chick embryos

setesors

Syringe 50 ml.

Conteiture tubes

Graduated cylinder

Anttbtottes (Pentetllin and Sereptonyeta)

1, HAWKS BALANCED SALT SOLITEOH (85S)

A. 10 X Solueton

ote #1 nanco, 3.5 em

Dissolve in 250 nl. distilled water. Dispense in a conventent

bottle (50 ml. scrav-cap prescription bottle) and autoclave

at 120°C for 15 minut

vate #2

mac 80.0 gm.

xet 4.0 mm

Me50, .78,0 2.0 wm.

NegHPO, .21,0 0.6 gm.

Giucose 10.0 mm.

1,70, 0.6 mm

Dissolve in 800 wl. distilled vater.

---Page Break---

nore:

unte #3

act, 1b ome

2

Dissolve in 100 ml, distilled water.

vate #6

Phenol Red 0.4 gm

Mix Phenol Red with a small amount of water until a paste

is formed. Add to 150 ml, with distilled water, titrate to pH 7

with 1/20 N NaOH, Make up to final volume of 200 ml.

Preserve with 1-2 ml. chloroform.

Add 100 ml of unke #4 to unit #2 and then add unte #3

to make 1,000 ml. Pour solution into glass stoppered bottle

and add 3-4 ml, chloroform as a preservative. This solution

may be kept at room temperature for 6 months-1. year.

: Minimize transfer of chloroform in preparation of the working

solution, Be certain that bottle caps are loosened during

autoclaving to ensure that all chloroform is driven off.

Horketng,

?The working BSS ts prepared by diluting 10X Stock 1:10 wieh

elution

dtsetiied water. DLepense tn a conventent size screw cap
bottles and autoclave at 120°C for 15 simutes. Aseptically add
2.5 al. of sterile sodium bicarbonate solution (Untt #1) to each
100 at. of 855. the pH may be adjusted with co,- The balanced
salt solution 4s nov ready for use. Do not tighten caps until
pit of BSS Lo 7.4

NUTRIENT MEDIA

Eagle's minimum essential medium contains Mgher concentrations

of amino acide than the basal medium first described by Eagle, which

---Page Break---

3

permits cultures to be kept for longer pertods of time without
feeding. ?The medium may be prepared with Hanks B55 base. The
medium Ls prepared, concentrated 10% and stored tn the refrigerator.
At the tine of use, plutanine and antibfotics:(etored at -20°C) and

Yanco, sre added to the 1X solution,

Solution a: Per Liter 10x medtun

AeArginine, Ht 1.05 ene

Aetiysedine. Het 0.31 mm.

Vetysine, Het 0.58 me

Atryptophane 0.10 on.

1-Phenylalanine 0.32 we

1-Threontne 0.08 mm.

AsLeucine 0.52 gm

levatine 0.665 ems

I-taoleveine 0.52 me

L-Methionine 0.15 am

Solution

A-tyroaine 0.32

Lecystine 0.26 wm

?These anino acids are dissolved in 200 nl. of 0.075 Hcl with

gentle heating (60°C).

Solution ϕ :

Meotinantde

Pyrtodoxal 200 mg.

?Thtanine 200 we.

Pantothente Acid 200 mae

Choline 200 mg.

A-tnosttot 400 me.

Riboflavin 20 wg.

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4

Components are dissolved in approximately 175 al. of double distilled water and then brought to a final volume of 200 al. with

double distilled water. The solution

dispensed im 10 wl, amounts

and stored at -20°C , 10 ml. of Solution C are added to each Liter

of 10% medium.

Solution

200 ml. of Biotin are dissolved in 150 ml. of double distilled

water. To increase stability during storage, 1.0 ml. of 1.0 M HCl

is added. The total volume is brought to 200 ml. with double

distilled water and the solution dispensed in 10 ml. amounts

and stored at -20°C . 10 ml. of Solution D are added

to each

Liter of 10x medium,

Solution

200 ng. folic acid (crystalline) are dissolved in 200 ml. 1X Hanks!

BSS pH 7.8. The solution is dispensed in 10 ml. amounts and stored

at -20°C; 10 μ l. of Solution & are added to each liter of 10x sodium.

Glutamine Solution 37 - (To be added at the time of use) 12 gms. of

L-Glutamine are dissolved in 400 ml. of double distilled water and
sterilized by filtration through a μ Seitz-type pad. The solution

is stored at -20°C and 1,0 ml. is added to each 100 ml. of 1x Eagle!

medium.

Preparation of the final mixture of 10x Eagle's medium in

Hanke" BSS

4, The following are dissolved in solution 8:

Nac 80.0 gm.

ket 4.0 mm.

Hg50, 71,0 2.0m.

---Page Break---

s

b. The following are dissolved in 50 ml. double distilled water and added to the pool.

Ma fPO, 1280 1.52 em.

1,70, 0.60 mm.

ce. 10 grams of Glucose are dissolved in 50 ml. of double distilled water with 20 ml. of 12 Phenol Red solution and added to the pool.

4. the volume of the pool 12 brought to 600 ml. with double

distilled water and the following solutions are at

Per 1.0 liter 10x medium

solution 10.0 ml.

Solution D 10.0 ml.

Solution E 10.0 ml.

fe. In a separate flask containing 160 ml. double distilled water
2.0 g. anhydrous CaCl₂ are dissolved and added to the pool
slowly with vigorous shaking.

g. The amino acids of Solution A are added to the pool and the
volume is brought to approximately 950 ml. with double distilled

water.

A solution containing 20,000 units of Penicillin and 20,000
micrograms of Streptomycin per ml. is added to a volume of 5.0 ml.
per liter and the mixture is held in the refrigerator overnight.

hh. The total volume is brought to exactly 1,000 ml. with double
distilled water and the solution is sterilized through a sintered
glass type pad.

1. For use the solution is diluted to 1X with sterile double

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distilled water and 17, of the 3% Glutamine Solution and 1.25 ml

2.50% of 4 2.8% MARCO, are added.

For laboratories occasionally using small amounts of Eagle's

medium, it is recommended that the 1X medium be prepared by
adding 2 10x Stock Solution of the amino acids and the
10X stock solution of the Vitamins (stored at -20°C) appropriately

to Barle or Hanke" BSS a

adding Glutamine, antibiotics and

Manco,

e)

vitamins during long term storage at ice box temperature,

As indicated above, This prevents deterioration of the

3. CELL DISPERSING AGENTS

Ay Trypsin Solutton 1.0%

1 gn. of powdered trypsin 1s dissolved in 100 al. of phosphate

buffer saline and the solution 42 p:

ed through ash-free filter

paper (Schleicher and Schull #569). The solutton te then

sterilized by f{1tratton through a Setts-type pad and stored

at 20%.

B. Versone Solution (Ethyelenedtanine tetraacetic actd)

act 8.0 m.

Po, 0.2 mm.

1,70, w=

kel 0.2m.

a, 80, AAS gm

Versene 0.20 gm.

Dissolve in 1,000 al. of distilled water. Dispense in

conventent anounts and sterilize by autoclaving at 120°C for

15 minutes.

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4. aertatorics soUUTTON

Penicillin (20,000 units per ml.) and Streptomycin (20,000 mterogeemas per at.)

1. Add 10 a1. of Hanks? solution £0 1,000,000 units of Pentctiin,

2, add 10 at. of Hanks? solution to 1 vial with a gram of Streptomycin.

3. Wix the contents of both vials and add up to 50 al. of Hanks" sotutton.

4, Dispense Ao vials and keep at -20°C.

5. CHICK BABRYO EXTRACT 50%

Each student will be provided with 5 enbryos 9-10 days of age.

?A, Harvest the enbryos and place then in a sterile Petri-dtsh where tho eyes, beaks, Legs and wings are removed.

1B, The remaining tissues are washed in a beaker contatntng Hanks" BSS, then minced with uterine setasors.

C. The theaue minced 1s passed through a 50 al, syringe into a

graduated cylinder or centrifuge tube.

D, fin equal volume of Hanks' BSS te added to the tissue culture

and the mixture {s stirred and allowed to stand for 30 minutes

B, The suspension 1s centrifuged at 1,500 rpm for 20 minutes and
the supernatant fluid (constituting the 50% extract) ts

removed and stored at -20°

F. After thawing for use, the extract 19 clarified by centrifugation

at 2,000 rpm for 10 minutes.

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LABORATORY EXERCISE # 3

TECHNIQUES FOR GROWING CELL LINES IN TISSUE CULTURE

Objective:

This experiment is designed to maintain a cell line (HeLa) for the

duration of the course;

Each student will be provided with 1 bottle

of HeLa cells.

Materials

1 bottle

Trypanometer

Solution trypan blue

16 tubes

Procedure:

1. Observe the cells under the microscope and describe them.

2. Remove medium with a pipette. Add 10 ml of 0.25 per cent

Trypsin solution; allowing the trypsin to remain on cells

for exactly one minute at 37°C. Remove all of the trypsin

and place the tubes in a 37°C incubator for 10 minutes. At

the end of this time the cells should be almost completely detached from the wall of the bottle, Add 10 ml. of fresh medium and aspirate the cell suspension very well with a pipette,

3. Count the cells in the haemocytometer

3-1, with a Pasteur pipette carefully express a drop of cell suspension made up of 0.5 ml, cells plus 1.0 ml. of Trypan blue under the haemocytometer coverslip, avoiding any overflow into the moat,

3-2. determine the average number of viable cells (dead cells stain blue) in the 4 large corner squares used for counting white blood cells, Multiply by 10,000 the

number of viable cells to obtain the number of cells

---Page Break---

Per ml. Adjust to 50,000 cells/ml. using Eagle's medium.

3-3, Transfer 50,000 cells into each of 14 test tubes, stopper tubes with rubber stoppers. Incubate at 37°C in an horizontal plane.

4. Keep record and observe cells every day.

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LABORATORY EXERCISE #4

MONOLAYER CULTURES OF CHICK EMBRYO CELLS

Objective

Cell cultures of the Maintland type from chick embryo were among the first to be used for viral propagation. Development of new techniques has increased the use of chick embryo Fibroblast for virus isolation and antigen production.

Material

4 chick embryos

Petri dishes

Beaker

Scissors

Forceps

syringe

Erlenmeyer flask

Magnetic stirrer

centrifuge tubes

Procedure:

1, chick embryo 9 days old are harvested and placed in a sterile Petri dish where eyes, beaks, legs and wings are removed and discarded,

2, The embryos are transferred to a beaker containing Hanks' BSS and washed in 3 changes of the solution.

3. The embryos are minced into pieces approximately 3mm in diameter, with uterine setssors, and the tissue minced is washed with 3 changes of Hanks' ass.

4, The minced tissue is passed through a 50 ml. syringe (without

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%.

10.

2

needle) into a 500 ml. Erlenmeyer flask where it is washed twice

with 50-10001. of Hanks? BSS.

After the fluid from the second washing has been removed, an appropriate volume of .25% solution of trypsin in Hanks' BSS is added. The volume of trypsin solution employed is determined by the number of embryos

being processed (5-10 embryos, 200 μ l., 11-20 embryos, 300 μ l.).

«A magnetic stirring bar is added to the flask which is placed

on the magnetic stirrer and the suspension agitated for 1 hour at room temperature.

After one hour of trypsinization the flask is slanted to sediment large tissue particles and the supernatant fluid (cell suspension) is decanted through a stainless steel wire cloth (72 mesh) into a 50 ml. Erlenmeyer flask. The cells are washed once by resuspending in Hanks' BSS, centrifuging at 600 rpm for 10 minutes

The cell suspension is centrifuged horizontally at 600 rpm for

10 minutes and the supernatant fluid containing trypsin is aspirated immediately. The cells are washed once by resuspending in Hanks'

BSS, centrifuging at 600 rpm for 10 minutes

and aspirating the

supernatant Fluid.

?The cells are then resu

ended in 15 ml of Hanks' BSS,

transferred to 15 ml. graduated, conical centrifuge tubes and centrifuged horizontally at 600 rpm for 10 minutes.

?The volume of packed cells is noted and after removal of the

supernatant fluid, the cells are resuspended in the following,

Media:

Bovine serum 2.0 ml.

5% Lactalbumin hydrolysate in

physiological saline 5.0 ml.

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50% Chick embryo Extract 4.0 ml.

Hanks' ss 85.5 ml.

2.81 M HCO₃, 2.5 ml.

Pentetic-trypsin solution 1.0 ml.

UL, For tube culture the cells are diluted 1 to 200 and dispensed 4 ml, volumes. For plating in stoppered bottles, the cells are also diluted 1 to 200 and dispensed in 8 ml, volumes (into three ounces prescription bottles. For plating in 50 ml. Petri dishes 8 ml. of 1:200 dilution of the cells are added and incubation is conducted in 5% CO₂ atmosphere.

12, After incubation 36°-37°C for 1 to 2 days, complete monolayers of cells are formed and the cultures are ready for inoculation with viruses or clinical material.

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LABORATORY EXERCISE # 5

VIRUS TITRATION: CPE

PURPOSE:

?To determine the virus dilution that gives rise to cytopathic changes in 50 per cent of the inoculated cell cultures.

Maver tat:

Poliovirus suspension

Tebes

Pipettes

Procedure:

1, Observe the HeLe cell cultur

prepared during the third day of laboratory work.

2, Pipette off the growth media and replace it with .9 al. each of Ragle's nediim contataing 2% serun.

3. Prepare tenfold dilutions of poltovirus type 1 as follows:

1a. Set up « row of & Wusserman's tubes numbered 1 through 4 and

Atopense tnto aaah of thes 1.8 ml, of media.

b. Take 0.2 ml, of the poliovirus suspension and add to the first tube in the row, Mix thoroughly with a sterile pipette

cs Take 0.2 ml, from the dilution in the tube #1 and pass 1 to tube (2 mixing the contents).

4. Repeat the operation with the remainder tub

4s inoculate .1 of each dilution of the virus and deliver to each of

4 tubes of HeLa cells. A separate pipette should be used for dilution; however in the interest of laboratory glassware economy use one 0.2 ml. pipette for adding the virus dilution to the HeLa cells beginning with the highest dilution and working back to the

lower.

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5+ Set up to 2 HeLa tubes for control without inoculation.

6. Bring to the incubator at 37°C and read and record the

results everyday.

7. Calculation of the TCID₅₀ by the Reed-Huench method.

In the following table an example 1 given of data derived from an Adeal experiment for illustrating the procedure of

accumulation:

ACCUMULATED VALORS

Per cent

CPE : No CRE: Ratto

Wes & + 0 es 0 sie: 100

10 a 4+ 0 + &: 0 : 8/8 = 100

wo + 74 Boa Ss 1: ws 80

10 vs 1 3 1 a Sys 20

ws | oe oo a) 8 08

Accumulated valu

for the total number of tubes that showed

OPE or were intact are obtained by adding in the directions indicated by the

arrows. The accumulated CPE ratio represents the accumulated number of

tubes with cytopathic changes over the

accumulated total number inoculated.

In this example the cytopathic changes in the 10^{-2} dilution, is

higher than 50%; that in the next lower dilution, 10^{-1} is considerably

lower. The necessary proportionate distance of the 50 per cent CPE end

point lies between these two dilutions and is obtained as follows:

Geometric mean dilution = $10^{-1.5}$ = 0.0316

?at dilution next S#9tance

below)

or 80 = 50

w= BOS

50

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Since logarithmically the distance between two dilutions is 2

function of the incremental steps used in preparing the series, it is 49

Necessary to correct the proportionate distance by the dilution factor.

In the case of serial ten-fold dilution the factor is 1 (log 10 = 1)

and 80 is disregarded, In our example we have:

Negative logarithm of TCID₅₀ end point titer = negative logarithm of the

total dilution above the 50 per cent

GPE plus the proportionate distance

that te:

Negative logarithm of the dilution above 50%

Proportionate distance (0.5 X dilution factor (log 10

eID,

50

Log Tero, = 10°F

50

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LABORATORY EXERCISE #6

?VIRUS "PLAQUE" ASSAY TECHNIQUE

Objective:

To produce circumscribed infected areas by vaccinta virus in chick

?embryo fibroblasts which do not take the neutral red vital stain

land appear as clear unstained areas against a background of viable

stained cell:

Materials

Chick embryo fibroblasts

vaccinia virus suspension

water bath

Neutral red

Petri dishes

Procedure

1, Set up three Wesserman's cubes numbered 1 through 3 and add 1.8

ml. of Eagle's media to all tubes, From the pool of vaccinia virus
supplied add .2 ml, to cube #1 and mix thoroughly with a sterile

pipette, Withdraw 0.2 ml. and add to tube #2, Repeat the anterior

step with new pipettes so that you will have virus titration 10^{7.7},

10, and 10".

3, Remove the out-growth medium from the Petri dishes previously

Prepared with chick embryo fibroblasts and wash once with saline,

Inoculate a plate with 0.5 ml. of each virus dilution.

3. Incubate at 37°C for 2 hours for virus adsorption with occasional rocking to distribute the virus particles.

4, After the adsorption period, remove the fluid and overlaid the fibroblasts sheets with 6 ml, of the following agar medium:

Agar 1,0 gm.

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5.

the same conditions as the serum virus mixtures. For serum control, the dilution 1/4 is mixed with diluent. The tests

necessary to perform a concurrent titration of the virus

to establish that a test dose actually contains approximately

too few D₅₀'s.

?The conditions recommended for incubation of serum virus

mixtures vary widely for certain agents and has been demonstrated

?that some preliminary incubation does increase the neutralizing capacity of serum. The important consideration is to avoid incubation conditions under which the virus may be labelled for a sample for long period of 37°C. For most neutralization tests incubation of the serum virus mixtures is conducted for 30 minutes to one hour at room temperature or at 4°.

After incubation period, serum virus mixtures, virus controls and serum controls, are inoculated in volumes of .2 ml. into nonlayer tube cultures. At least two cultures are employed for each serum mixture

?The inoculated cultures are incubated at 37°C and examined microscopically for ability of the serum to inhibit CPE of the virus.

?The cytopathic effect of the inoculated tubes is recorded and the neutralizing end point is expressed as that dilution of serum which protects 50% of the tubes against the test dose

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of the virus, as illustrated in the following example:

SERUM DILUTION : CRE: eRe: NOCPE: CRE + NO CPE: _MomaLTTY

Ratio Ration Fer cont

a

Pr a

hee a ae de a ke

Te 7 rr

rnom 2 2: 0: 6: 0 rae 100

?

50% = CPE at dtlution next below

ea ee

Logarithm 50 per cont neutralizing end point = $-1.8 + (0.5 \times (0.6))$

= $1.8 + (0.3)$

eta

antilogarithm $-2.1 = 120$

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?LABORATORY EXERCISE # 7

NEUTRALIZING ANTIBODIES ASSAYS Tt CELL CULTURES

Objective:

To calculate the capacity of a serum to neutralize the

cytopathic effect of a poliovirus in a HeLa cell system:

rae

Serum

Poliovirus suspension

?Tubes with HeLe cells

ether bath at 56°C.

Procedur.

1, The serum specimen is inactivated at 56°C for 30 minutes to destroy heat non-specific virus inhibitory substances.

2. Set up a row of tubes to make serum dilutions of 1:4, 1:16, 1:64, 1:256, 1:1024 prepared in either balanced salt solutions or the maintenance medium to be used in the cell cultures,

3. Poliovirus is diluted to contain 100 TCID₅₀ in a volume of 0.1 ml. (as determined by a previous titration of the virus).

The viral dilutions are made in the same medium employed for the preparation of the serum dilutions.

4, Equal volumes of the serum dilutions (0.5 ml.) and of the attenuated virus (0.5 ml.) are mixed. The volume of serum virus mixture prepared is dependent upon the number of cell cultures to be inoculated with the mixture. For virus control the test virus dilution is mixed with an equal volume

of diluent (or known normal serum) and incubated under

---Page Break---

5. To revive the frozen cell lines, the tube is removed from the deep-freezer and thawed rapidly in a 37°C water bath. A volume of the cell suspension containing 1.5 to 2.0 x 10⁶ cells is added to 10 ml. of outgrowth medium and cultures initiated in 200 µl. bottles

B. Transport

1. Trypsinize a bottle of HeLa cells and dilute in growth medium to obtain a suspension of no more than 0.6 x 10⁶ cells/ml.

2. Refrigerate at 4°C for 24 hours,

3. centrifuge

at 200 rpm for 30 minutes and discard the supernatant.

4. Add medium to obtain a cell suspension of 2.6 x 10⁶ cells/ml.

5. In this state the cells can be shipped in an iced container

and upon receipt sedimented by centrifugation at 200 rpm

for 30 minutes and resuspend in fresh growth medium at a

concentration of 0.6×10^6 cells/ml. A satisfactory method

to ship cell cultures is obtained by filling the vessel with nutrient medium preventing trauma to the cells by the movement of the medium. Upon receipt the medium should be

removed and the cells

with new one.

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LABORATORY EXERCISE #8

CONSERVATION AND TRANSPORT OF CELL CULTURES

Objectives:

to maintain in the laboratory with 2 minimum of handling viable cell lines not in continuous use.

Materials

Cott culture

Racnacytoncter

?Trypan blue solution

?smpoutes

As fstorage

1, obtain a bottle with a culture of 5 days old cells from which the out-sroveh medium has been removed and replaced with 10 ol.

of fresh medium consisting of 10 per cent hor

serum and 90

per cent lactalbumin hydrolysate yeast extract mediun.

After further 2 days incubation period, the medium ts removed, the cells trypsinized and counted. A bottle should yield between 10 and 20 x 10⁶ celle, otherwise the cells are not sultable for storage.

2. The pil of the medium 1s adjusted to 7.4 by means of an 8.8% NaHCO₃ solution. Add 2.0 al. of sterile glycerol to the 10 wl. of medium tn each culture.

3, Transfer the cell suspension to anpovles (which can be flane-sealed) of to tubes, thghtentng the stoppers and sealing with adhestve tape,

4, Bring at 4°C during 1 hour and then another hour at -20°C, After

this period place the tubes (or ampoules) at 70°C, Under these

conditions, the cells can be stored for periods up to 18 months.

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5. To revive the frozen cell lines, the tube is removed from the deep-freezer and thawed rapidly in a 37°C water bath. A volume of the cell suspension containing 1.5 to 2.0×10^6 is added to 10 ml of outgrowth medium and cultured in a 200 ml bottle.

3. Transport

1. Thaw 2 bottles of HeLa cells and dilute in growth medium

to obtain a suspension of no more than 0.6×10^6 cells/ml.

Refrigerate at 4°C for 26 hours.

3+ Centrifuge at 200 rpm for 30 minutes and discard the supernatant.

4. Add medium to obtain a cell suspension of 2.4×10^6 per ml.

s.

In this state the cells can be shipped in an insulated container

and upon receipt sedimented by centrifugation at 200 rpm

for 30 minutes and resuspend in fresh growth medium at

?concentration of 0.6×10^6 cells/ml. A satisfactory method

to shtp cell cultur

is obtatned ftlling the

el with

nutrient medium preventing to trauma to the cells by the

ovenent of the mediums. Upon receipt the medium should be

Fenoved and the cells fed with new one,

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LABORATORY EXERCISE #9

PLATING EFFICIENCY AND ISOLATION OF CLONES

Qbjeceive:

?This experiment is designed to determine the plating effietency of D2

cell using the formule

Per cent plating efficiency = $\frac{\text{Colonies formed}}{\text{Cells inoculated}} \times 100$

Cells inoculated

land to obtain clones from single DC2 cells.

Materials:

DC2 cell monolayer

Hemocytometer

Test tubes

Petri dishes

Procedure:

1. Trypsinize monolayer cultures of DC2 cells

2. Count in hemocytometer using trypan blue to obtain viable count.

3. Dilute the cell suspension in nutrient media to obtain a concentration of 50,000 cells/ml.

3:1 Make tenfold dilutions (0.1 ml. suspension plus 0.9 ml.

Ragle's medium) so that the suspension will contain 5,000

cells/ml.

3:2. Make a dilution 1/2 of the 500 cells suspension, in order to

have 250 cells per ml.

Transfer 0.1 ml of the cell suspension (25 cells) to each of 2 Petri

dishes; 0.2 ml. (50 cells) to 2 Petri dishes and 0.5 ml. (125 cells)

to a third group. Complete the volume up to 4 ml. with fresh Eagle's SZ.

---Page Break---

5. Incubate the plates at 37°C in an atmosphere containing CO₂,

6. After 8 or 9 days cultures may be examined microscopically.

to observe discrete colonies:

7. Staining of one of the series.

7:1 Wash once with saline

7:2. Fix with methyl alcohol during 5 minutes.

7:3. stain with Giemsa for 10 minutes.

7:4 Rinse and observe under the microscope. Using the above

formula determine the plating efficiency.

8. In order to isolate a single colony from one of the series cultured with different amounts of cells:

8:1 Select the colony to be isolated and mark the area with a wax pencil.

8:2 Remove all media from the culture dish.

8:3. Place over the colony to be isolated a sterile banded Pasteur pipette which contains some trypsin.

8:4 Gently add nutrient medium and suspend the colony with «

P

wor pipette

8:5 Transfer the cells to a new culture flask or dish.

8:6 Add enough nutrient medium and incubate at 37°.

---Page Break---

---Page Break---

LABORATORY EXERCISE # 10

ORGAN CULTURE

Objective:

?The cultivation of fragments of organs in # tissue culture systems

Watch will permit to study cells in a group of associated tissues.

?This technique provides a good system for research on the action of hormones, vitamins, carcinogens, etc.

Material

Petri dishes (disposable)

Step

Chick embryo

Setasors

Forceps

Seal

1, Prepare culture dishes by placing @ watch g

8 inside a petet

dion and a fltler paper ring. These dishes aust be sterilized

at 170°C for 2 hours,

2. Add approximately 9 drops of plasma to the watch glass, followed

by 3 drope of EE 50 and quickly, but gently, mix before medion

clots.

3, Remove embryo from its shell and transfer to a sterile Petri dish.

Dissect out tissue to be cultivated and rinse in sterile BSS.

4, Cut explants to approximately 2 mm² and rinse 3 times

in B68,

5. Deposit with a pipette 4 fragments onto clot. Remove the excess of B55 carried over, using a fine pipette.

6, Incubate at 37°C, Observe daily, recording characteristics of growth,

---Page Break---

1

ve

Fe Extract (Difco) 0.1 g/ml

Lactalbumin hydrolysate 0.6 g/ml.

Horse serum 14.0 g/ml.

Hanks" 85s 85.0

Pentetltn 50 uel. and 50 Streptenyein to complete medium.

Allow the agar to soltdfy and turn the plate upside dow and

Ancubate at 37°C for 3n4 days with the cell monolayer dom.

Add 3 ol. of a 1/1000 1 +7 neutral-red solutions incubate at room temperature for 2-4 hours and overnight at 4°C.

?The {lutions used should produce distinct and separated plaques.

Observe against a white background. By counting the mnber of

Plaques at the dtlution vhere they appear distinct and by aulttplying

by the correspondent dtlution factor, the mber of plaque forming

units (FFU) per ml. of the virus suspension can be calculated.

---Page Break---

---Page Break---

LABORATORY FXERCSE #11

macroscorte TecITOUES

Ob ieceive:

This exercise 13 desipned to denonstrate recent mlcroscopte

methods that are helpful to conduct further studies on the cell.

Materials:

Procedur

Gtomsa stain

Anti E. coll conjugated globutin

+ Staining with Fluorescent Antibody.

1, Make @ smear on aide fron a tube with HeLa cell!s previously
tnoculated with E. colt.

2. Air dry. Fix with acetone.

3. Cover the slide wteh an anti

colt fluoreseetn conjugated

globulin

4. Bring the slide co a Petri dish with « moistened cotton plece.

5. After 30 minutes contact, renove the FA r

went by dipping the

slide into a vi

'8e1 of saline golution.

6. Place the slide tn a Jar of buffered saline (pH 7.5) for 5 to

10 minutes.

Ronove the slides, allow to drain and gently blot off exce:

saline with absorbent paper.

8. Place a drop of mounting fluid on the snear and cover with «
coversitp.

9. Pxamtne snears under a steroscope fitted with a cardiold type
darkfietd condenser and {1¥uninated by an intense light source.

Use fluorescence-free imersion of.

---Page Break---

3. Demonstration of phase microscopy.

©. Glensa staining of DC-? colts in Leighton tubes.

---Page Break---

---Page Break---

LABORATORY EXERCISES 412, 13, 14

(CHROMOSOME, PREPARATION

Objective:

To carry out the enumeration of chromosomes in a human diploid

cell for application to genetic studies and cell characterization.

Mavertal,

Human diploid cell (W1-32) in Leighton tube

Centrifuge tubes

colchicine (

0,000 tn Bss)

Hypotonte solution

Fixative (1 part acetic acid + 3 parts absolute ethanol)

Acetic orcein stain (2 pp. Orcein dissolved tn 100 mi

botling acetate acid)

Procedure:

1, Add colchicine (or Colcemid) to the tubes during the early log

phase of growth, Colchicine should be used tn a final

concentration of 0.4 us per ml. Colcemid in a concentration

of 0.05 we.

2. Bring ** incubator at 37°C for 16 to 18 hours, in order to

harvest coll at the metaphase period,

3. After Incubation, take off the medium and add 5 ml. of hypotonic solution (sodium citrate 0.5%).

4. Place the tubes under a lamp (60 watt bulb) for 30 minutes,

Discard the hypotonic solution and add 5 ml. of freshly

Prepared Carnoy's fixative.

6. After 30 minutes of contact with the fixative remove the coverslip from the tube, Let it dry overnight.

7. Stain with orcein during 15 minutes

8. Rinse with distilled water.

---Page Break---

9. Dehydrate through 2 rapid changes each of 95% ethanol,
absolute ethanol and xylol,

10. Mount {n Permout .

---Page Break---

---Page Break---

LapoRaToRY PxERCTSE. A115

MICROAUTORADTOGRAPHY

Ob jectty

?Taie experinent is desioned to demonstrate the incorporation
of thymidine labetled with tritium {nto the DNA of the cellular
nucleus.

Materials:

?Boulston(Kodak HTB)

Water bath

Contin jars

Slide storage boxes

Developer (Kodak D-19)

Aetd Fixer (Kodak)

Gtensa Stain

Procedur

Change the mediun from MK cells cultivated during 2-3

im Letphton tubs

2. Add new medtus vith eLertated thymidine in» concentration of

1.0 mefot.

3. Allow the ehyntdtne to be in contact «ith the cells 39 minutes

and 1 hour at 37%,

4, After adequate tine vash with Hanks! nes.

5. with a fine forcep remove the coverslip from the tube,

6. Pix with methyl alcohol for 10 minutes,

7, Mount the coverslip on a nicroscope slide with the cells
factor up. Use Euparol as the mounting medium.

8. Place the slide at 45-50°C for 26 hours or at room

Temperature for 48 hours in order to dry the Euparol.

---Page Break---

%.

10.

12, Stain for 5 minutes sith Clans:

Be

Expose the slid

11:1 Place slides tn developer for 2 stnute

Cover with photographic envision.

9:1 Place bottle of envision in a vater bath

at 43°C for 15 minutes. Rotate the bottle gently.

9:27 Pour into Couplin Jar.

9:3 Place the slides in an empty Couplin Jar that is in the

water bath,

9:4 once warmed up pass

the slides to the Jar with the

9:5 After 15 seconds remove the slides and drain the emulsion
on a paper towel.

9:6 Allow the slides to dry practically then before «
fan for 15 minutes or 1-2 hours at room temperature.

9:7. Store in black slide boxes and seal with dark tape in

order to prevent the entrance of light.

at room temperature for 10 to 30 days.

Develop the slides.

11:2 Rinse in tap water.

11:3 Place in acid fixer 2-5 minutes.

11:6 Rinse in water for 20 minutes.

ANS Rinse in distilled water, Air dry.

Observe with immersion oil.

---Page Break---

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LABORATORY EXERCISES #16, 17, 18

INTRODUCTION TO RADIOACTIVE ISOTOPE TECHNIQUES FOR STUDY OF BIOLOGICAL
SYNTHESIS.

Orotic Acid and Thymidine Incorporation into the nucleic acid of HeLa
cells

Introduction:

It would be extremely difficult to evaluate the value of the

radioisotope as a tool in biological research. Certainly, much of

the progress achieved in this field in recent years would have been

impossible prior to the development of the atomic pile. Two basic

factors account for the unusual utility of these radioactive elements.

1. We can tell where they

(location), and how much

is present (quantity),

2. even after they have become intermixed with large numbers of stable

atoms of the same element:

Objective

1, Introduction to apparatus and techniques for use of isotopes

18 tracers in biological synthetic reactions.

2, Application of ^{14}C :

Highly sensitive techniques to the study of

nucleic acids,

Metabolites

Orotic acid labeled with ^{14}C

Thymidine Labeled with ^{14}C

Urea Myceta

Reagents for nucleic acid extraction Schneider's method

Reagents for DUM determination by Cerlotti's method

Reagents for RNA determinations by Orctnol method

Ribonuclease and Deoxyribonuclease

---Page Break---

Experiment

Procedures:

1. Prepare the procedure to incubate the LIC MK, cells in @

media containing orotic acid labeled ^{14}C and thymidine H Labeled for

17 hours. The cells are washed with unlabeled orotic acid and thymidine..

?The cells are trypsinized and homogenized, The Nucleic acid are extracted

?and the radioactivity is determined,

The procedure will be applied to study orotic acid incorporation

into RNA and Thymidine incorporation into the DNA fraction of the HeLa cells.

1. Three 48 hours old bottles will be given to each student,

The student will add Orotic acid 0.1 μ Ci per ml, and thymidine

0.1 µg/ml and incubate again for 17 hours.

After 17 hours incubation, remove the media and wash the

monolayers 2 times with

saline A, 5 ml each time,

3. Wash the monolayers 2 times more with saline A containing unlabeled orotic acid and thymidine (0.1 µg/ml).

4. Harvest the cells, remove the cells from the bottles and wash 2 times with saline A in the centrifuge (Ten tubes at 1,000 rpm).

5. Resuspend cells in 5 ml of phosphate buffer, pH 7.4 and centrifuge for 2 minutes in the Beckman centrifuge.

6. Take

aliquots of 0.5 ml for dry weight determination,

7, Take an aliquot of 4 ml and do @ total nucleic acid extraction

by the Schneider's Brief method. See appendix A.

Take a 1 ml aliquot of the final total nucleic acid extract

4

and apply to a piece of Filter paper, Do counts for c

and W^3 , the machine will do these counts simultaneously.

---Page Break---

9. Take an aliquot of 2 ml. of the final total nucleic acid extract and do a DMA determination by Ceriotti's method.

See appendix 8.

10, Take an aliquot of 0,5 ml. of the final total nucleic acid extract and do a RNA determination by the Oretano method. See appendix C.

M1, Take an aliquot of 2 ml of the total nucleic acid extract and incubate with DNase for 30 minutes at 37C, (100 μ g of DNase per ml.).

22, Add enough cold absolute ethanol to make 62% alcohol and

incubate at -10C for 30 minutes

13, Resuspend the precipitate in phosphate buffer, pH 7.4,

16. Do counts for cl (may,

15, Repeat step #11 but incubate the aliquot with Ribonuclease
for 30 minutes (100 .p per al).

16, Repeat steps #12 and 13.

17, Do mints for (DNA).

18, Turn in Report.

---Page Break---

APPENDIE &

Reagent:

SCHNEIDER'S BRIEF METHOD OP MUCLERC ACIDS

EXTRACTION

10% Tea

5% Tea

95% Ethyl alcohol

Procedure

i

(In ice bath). To the homogenate aliquot? add 4 ml of ice-cold 10% TCA, mix well with stirring rod and centrifuge in the cold at about 2,500 r.p.m. for 7-10 minutes. Discard the supernatant.

To the residue add 1 ml of ice-cold distilled water, resuspend

With a rod, add 4 ml of 95% ethanol and mix well with a rod.

Centrifuge at room temperature for 15 minutes. Discard supernatant.

(At room temperature). To the residue add 5 ml of 95% ethanol and resuspend with the rod, Centrifuge as before and discard the supernatant, (The procedure can be interrupted here).

Repeat this step for liver homogenate.

+ (At room temperature), To the residue add 5 ml of 5% TCA.

Re

Resuspend with rod. Place the tubes in water bath at 90°C for 15 minutes, stir occasionally. Let then cool!

to room temperature. Centrifuge for 30 minutes. Save

Supernatant in 10 ml flasks.

To the residue add 5 ml of 5% TCA, resuspend with the rod, centrifuge as before. Pool the supernatant with that from

(4), and make up to 10 ml, final nucleic acid

extract.

---Page Break---

* Homogenates:

Gells = 4 at of a 3 Bettle suspension homogenize in 5 ml.

Liver = 2 m1 of a 20% howopenate

Spleen - 2 m1 of a 107

Kidney - 2 ml. of @ 10n

Lang = @ ml of a 10%

Thysus - 2 mt of a10n

Lyaphnodes = 0.5 81 of a 107"

Bone Marrow - 0.5 al.of a 10%"

Take an aliquot for dry weight determination at the sane tine. The dry weights are determined by drying the sample in tared bottles at 105%C-

MOC tn an oven, to constant weiphe (24-48 hours).

---Page Break---

APPENDIX 8

DNA Determination by Cerfotti's Method

J. Biol. Chem., 198:297-303 (1952),

1, 0,047 indole (CP) solution in distilled water. It was dissolved in

warm water. The solution was then cooled under running water and

adjusted to volume. Store in refrigerator.

Procedure

1

2

3

2 ml (or an aliquot) of DNA solution or extract in a test tube.

2 ml of Indole solution

2 ml of HCl concentration

contantnat ion.

+ Place then in a botling water bath for 10 minutes.

+ Cool tn running water.

+ The solution is extracted 3 times with 4 m1 chloroform each

ime and centrifuged £0 pive a complete clear vater phase.

+ Read the water leyer against a blank in the Spectrophotoneter

at 490 24.

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APPENDIX ϕ

RNA DETERITIMTION BY THE cRCTHOL METHOD

Reference: Btochen. et Biophys. Acta 1, #3 (1947),

1. 150 mn oreinot

2, 7,5 m1 CuCl, in HCl concentration (0,04)

(0.0538 M CuCl₂ in HCl concentration)

3. 67.5 ml of concentrated HCl

4. 60.0 ml of distilled water

Procedure:

Dissolve the 150 mg of orcinol in the 47.5 ml of HCl concentration.

4207.5 ml of the CuCl₂ solution. Mix well. To the solution add 40 ml of distilled water.

To 0.5 ml of extract RNA standard solution add 4.5 ml of the Reagent.

Mix well. Place the tube in a boiling water bath for 40 minutes. Cool then in an ice-cold water bath, Read the absorbance against a blank

in the Spectrophotometer at 660 nm.

---Page Break---